



# 56<sup>th</sup> Washington Karate International Championships

**Sat, May 9, 2026  
9:00 AM**

**Seaview Gymnasium  
Edmonds College  
20000 68th Ave W, Lynnwood WA**

**Registration:  
KarateTmaster.com**

**Contact:  
WKA Bellevue Dojo (425) 641-8123  
WKA Ballard Dojo (206) 784-3171**

**Admission:  
\$5.00  
5 yr olds & under, free**

Washington Karate Association, member  
International Hayashi-Ha Shito-Ryu Karate-Do Federaton  
internationalshitoryu.com





**56th WASHINGTON KARATE  
INTERNATIONAL CHAMPIONSHIPS  
Saturday, May 9, 2026**

Dear Sensei, Coach, Athlete, and Parent,

It is our pleasure to invite you to attend the 56<sup>th</sup> Washington Karate International Championships, the longest running traditional karate competition in the area. We truly appreciate the past support from all of the Senseis, officials, athletes, and volunteers, and we hope that you will join us again for this exciting event.

The tournament will be held on Saturday, May 9<sup>th</sup> at the Edmonds College Seaview Gymnasium, 20000 68<sup>th</sup> West, Lynnwood, WA 98036. Competitor pass pickup opens at 8:00 AM. There will be an officials meeting at 8:30 AM, and the competition will begin at 9:00 AM. This competition will provide an excellent competitive opportunity for karate-ka of all ages and levels to test their skills and gain valuable experience. Divisions will be divided according to age and level with medals awarded for the top three places. In addition to individual Kata and Kumite divisions, we will also have Weapons, Team Kata events, and Family Team Kata divisions.

Competitors are required to wear a traditional white gi, and all officials must adhere to the official dress code (grey pants, white shirt, blue tie, blue blazer, and black non-marking soft-soled shoes). All individual kata divisions (except 18-34 Advanced) will perform katas two at a time, with Advanced competitors required to change katas in consecutive rounds (may alternate between two katas). For kumite competition, modified WKF/USA-NKF rules will apply, and approved red and blue fistpads, mouthguard, and groin protector (males) are required. Optional equipment includes: approved chest protectors, shin/instep protectors, soft cloth arm guards, athletic safety glasses, and headgear (for 13-year-olds & under). Our Chief Referee will be Sensei Chuck Sweigart, WKF Referee.

Register online at: [www.karatetmaster.com](http://www.karatetmaster.com)

For more information, contact the tournament directors at:

Junko Arai  
[sensei@wkabellvue.com](mailto:sensei@wkabellvue.com)  
(425) 641-8123

Matthew Day  
[mattday@washingtonkarate.com](mailto:mattday@washingtonkarate.com)  
(206) 784-3171

We look forward to seeing all of you there!

Sincerely,

Junko Arai & Matthew Day  
*Tournament Directors*



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**STAGING SCHEDULE**

**NOTE:** These are only approximate STAGING times, not actual competition times. While we will strive to adhere to this schedule, the listed times and divisions are always subject to change. Competitors are ultimately responsible for being present whenever their divisions are called.

Staging Time	Age Division	Category
8:30 AM	All ages	Kobudo (Weapons)
	All 13-year-olds & under	Team Kata
	All 18-34-year-olds (Advanced)	Kata / Kumite
8:45 AM	7-year-olds & under (Female)	Kata / Kumite
	6-year-olds & under (Male)	Kata / Kumite
9:30 AM	7-year-olds (Male)	Kata / Kumite
10:30 AM	All 8-9-year-olds	Kata / Kumite
11:30 AM	All 10-11-year-olds	Kata / Kumite
12:30 PM	All 12-13-year-olds	Kata / Kumite
2:00 PM	All 14-15-year-olds	Kata / Kumite
3:00 PM	All 16-17-year-olds	Kata / Kumite
3:30 PM	All 18-34-year-olds (Beg/Nov/Int)	Kata / Kumite
	All 35-year-olds & over	Kata / Kumite
	All 50-year-olds & over	Kata / Kumite
4:00 PM	All 14-17-year-olds	Team Kata
	Adult	Team Kata
	Family	Team Kata